





Vernon Hills Seniors Organization

290 Evergreen Drive, Vernon Hills, IL

www.vernonhills.org/seniors

2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 11:00 arthritis exercise 12:30 SOCIAL MEETING <i>COME JOIN US TO CELEBRATE THE LUNAR NEW YEAR!</i> then Bingo /hand & foot cards	2	3 11:00 arthritis exercise, 12:30 bridge	4 12:30 hand & foot cards and other games
7 11:00 PLANNING MEETING 12:30 bridge	8 11:00 arthritis exercise 12:30 hand & foot cards	9	10 11:00 arthritis exercise, 12:30 bridge	11 12:30 hand & foot cards and other games
14 12:30 bridge 	15 11:00 arthritis exercise 12:30 BUSINESS MTG then Bingo /hand & foot	16	17 11:00 arthritis exercise 12:30 bridge	18 11:00 STRETCHING WITH SAPNA PATEL & HEALTH CHAT COFFEE/TEA & SNACKS <i>RSVP TO JENNIFER by 2/4/22</i> 12:30 hand & foot cards and other games
21 12:30 Bridge	22 11:00 arthritis exercise 12:30 hand & foot cards	23 12:00 POTLUCK (<i>bring dish to share</i>) 12:30 BIRTHDAY PARTY then Bingo /hand & foot	24 11:00 arthritis exercise 12:30 bridge	25 12:30 hand & foot cards and other games
28 12:30 Bridge				

Follow (join) us on our Facebook Group: Vernon Hills Seniors
 E-mail: VernonHillsSeniors@mail.com
 RSVP's – 847-680-2261 or email - jenniferh@vhills.org

VH SENIOR GROUP CONTACTS
 Efren Catalla (847-962-8423) Grace Mikell (847-444-9039)

Any resident of Vernon Hills over the age of 55 is eligible for Senior Club membership. Please see the application for membership included with this calendar or online. 2022 Membership dues are currently being **waived**. However, a completed and signed membership form in its entirety is still required.

NEW AND PROSPECTIVE MEMBERS

A great time to come and meet us is at a social meeting, business meeting, or birthday party.

Hope you stop by!

Senior membership information can be found under: www.vernonhills.org/seniors

Sign the attendance book upon entering the VH senior center.

Practice social distancing and face mask protocols.

Masks should be worn when entering the Village Hall until otherwise noted.

VOLUNTEERS NEEDED

MAKE COFFEE AND HOT WATER FOR TEA, BRINGING DESSERTS, SNACKS OR FRUIT TO SERVE AT THE MEETINGS ALL ITEMS PURCHASED WILL BE REIMBURSED UP TO \$25.00 PER MEETING (SOCIAL AND BUSINESS)

SIGNUP SHEET IS ON THE KITCHEN DOOR IN THE SENIOR ROOM FOR ADDITIONAL VOLUNTEER NEEDS - PLEASE SIGN UP!

Senior Taxi Program Information

The program utilizes an electronic swipe card (ESC) to offset the metered fare. At the beginning of each month, 16 ride subsidies are automatically loaded to participant's ESC. Each ride subsidy has a value of \$8.00.

Full details on the VH Village Website: www.vernonhills.org/seniors



847-673-1000



847-368-0303

IMPORTANT DATES

- **Tuesday, February 1**
12:30 Social Meeting/Bingo
- **Monday, February 7**
11:00 Planning Meeting
- **Tuesday, February 15**
12:30 Business Meeting/Bingo
- **Wednesday, February 23**
12:00 PotLuck/Birthday Party/Bingo

ATTENDEES FROM THE ENTIRE VH SENIOR ORGANIZATION ARE INVITED TO MEETINGS – COFFEE/TEA AND SNACKS WILL BE SERVED – PLEASE JOIN US! – A GREAT TIME TO BRAINSTORM, PLAN AND LOOK AHEAD – WE ARE WORKING ON NEW ACTIVITIES AND TO GRADUALLY START UP SOME SENIOR EVENTS WITH COVID SAFETY PRECAUTIONS AND CDC DIRECTIVES.



If you would like to be included on the emailed VH Senior Snippets and Newsletter send-outs – Send an email to: jenniferh@vhills.org