

# July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 12:30 Bridge
4 Ride On The Trolley Meet at Village Hall Parking Lot The trolley leaves at 8:30 A.M.	5 11:00 Arthritis Exercise 12:30 Social Meeting BINGO/HAND & FOOT	6	7 11:00 Arthritis Exercise 12:30 Bridge	8 11:00 Stretching 11:45 Bag Lunch 12:30 Sing-A-Long 12:30 Bridge
11 11:00 Planning Meeting 12:30 Bridge	12 11:00 Chair Yoga 12:30 Hand & Foot	13	14 11:00 Arthritis Exercise 12:30 Bridge	15 12:30 Bridge
18 12:30 Bridge	19 11:00 Arthritis Exercise 12:30 Business Meeting Bingo/Hand & Foot	20	21 11:00 Arthritis Exercise 12:30 Bridge	22 12:30 Bridge
25 12:30 Bridge	26 11:00 Arthritis Exercise 12:30 Hand & Foot	27 12:00 Optional Potluck 12:30 Birthday Party BINGO	28 11:00 Arthritis Exercise 12:30 Bridge	29 12:30 Bridge