

# December

Vernon Hills Senior Citizens Organization  
 290 Evergreen Drive  
 Vernon Hills, IL 60061  
 VernonHillsSeniors@mail.com

## 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 11:00 Arthritis Exercise 12:30 Bridge	2 12:00 Bridge
Comcast has been putting the seniors emails into your spam folder. Please move them to the inbox.				
5 11:00 Stretching 12:30 Bridge	6 11:00 YOGA 12:00 Bag Lunch 12:30 Social Meeting BINGO/CARDS	7 11:00 Bracelet Making 12:00 Box Lunch 1:00-4:00 OPEN HOUSE 2:00-3:00 Sing-A-Long	8 11:00 Arthritis Exercise 12:30 Bridge	9 12:00 Bridge
12 11:00 Planning Meeting 12:30 Bridge	13 CLOSED	14 HOLIDAY LUNCHEON At White Deer Run See Flyer	15 11:00 Arthritis Exercise 12:30 Bridge	16 12:00 Bridge
19 12:30 Bridge	20 11:00 Arthritis Exercise 12:00 Bag Lunch 12:30 Business Meeting BINGO/CARDS	21	22 11:00 Arthritis Exercise 12:30 Bridge	23 CLOSED <hr/> Potluck is when you bring a dish to share.
26 CLOSED <hr/> Printed copies of handouts are in the wall pocket outside the senior center room.	27 11:00 Arthritis Exercise 12:00 Bag Lunch 12:30 Cards	28 12:00 Optional Potluck 12:30 Birthday Party/ New Year's Party BINGO/CARDS	29 11:00 Arthritis Exercise 12:30 Bridge	30 CLOSED <hr/> Bag lunch is where you bring your own lunch.